

# Type 2 diabetes and Insulin

Insulin is a hormone that helps glucose<sup>1</sup> to pass from the blood to the cells. If you have type 2 diabetes, your body does not use nor does it respond to insulin should, or may not produce enough insulin<sup>2</sup>.

Today, there are many insulin products available to treat type 2 diabetes



Your healthcare professional can help you design a personal diabetes treatment plan that's right for you<sup>3</sup>.



## Your plan will establish

What type of insulin should you use

- How much insulin you should take
- When should you use insulin?
- Are there newer possibilities in diabetes management?

References: 1. Kahn CR. Annu Rev Med. 1985;36:429-51 | 2. Definition, Diagnosis and Classification of Diabetes Mellitus and its Complications. [https://apps.who.int/iris/bitstream/handle/10665/43588/9241594934\\_eng.pdf](https://apps.who.int/iris/bitstream/handle/10665/43588/9241594934_eng.pdf). Accessed on 29 Nov 2022  
3. Adapted from Davies MJ et al. Diabetologia. 2022 Dec;65(12):1925-1966.



Looking for answers about diabetes management?  
Find helpful info, tools, and resources on [aboutdiabetes.in](https://aboutdiabetes.in)

**about  
diabetes**



Disclaimer: This is not a substitute for medical advice. Please refer to your healthcare professional for complete medical information.  
Apis Bull is a registered trademark of Novo Nordisk A/S.